

## Do you agree or disagree with the following statement?

**Always telling the truth is the most important consideration in any relationship between people.**

What is the most important factor in any relationship and how ~~much-important is~~ honesty ~~is-important~~ in this regard/relations? There is still no universally consensus in this regard. Some people believe white lies have some advantages and ~~it-they~~ can be in favor of them in some conditions, however; others assert that a relationship will not continue if the partners lie to each other or even conceal something. I definitely agree with this statement and in the following paragraphs, I will outline my reasons.

To begin, mostly when we are speaking about loyalty in a relationship, not cheating and ~~fraudtempting romantically are is~~ coming to our mind. However, this is one aspects of loyalty and definitely the most important ones. But in reality honesty and dishonesty have various faces and definitions and when partners adopt different positions in this regard, it would be problematic. I deeply believe that one of the most important facets of loyalty is to express yourself as you are. When partners share their thoughts and feelings with their significant other, they can truly know each other as an individual. On the other hand, it is so critical that people have unconditional acceptance in order to create a safe bond and let their partner guard down. If you blame or negatively react to your partner's feelings and thoughts, he would never trust you as a safe person. In this situation, you are pushing your partner to present his false self. Most of the time honesty is in conjunction with acceptance and you should let your partner ~~to~~ know you are listening to him and you are there for him.

~~The~~ last but not least, disloyalty is not limited to telling lies. When you conceal a reality about yourself and your livelife, no matter how big or small it is, you did not respect honesty. What will happen when you hide some parts of yours from your partner and the truth unexpectedly reveals? Psychological studies show that a relation stands on a-the base-basis of truth and loyalty is the most important factor of truth especially in close relationships. Furthermore, dishonesty in the short-term increases ~~the~~ anxiety, because the person is always worry-worried about the truth being revealed, and leads to depression in the long-term. Misery loves company

To sum up, I believe although it is a little hard to be honest from the beginning of a relationship, a good rule of thumb is to ensure that your partner understands you and empathizes with you when you are in a tough situation. In these cases, your partner understands s your view of point, even if he is-does not agree.